

## Midwifery and parental planning

## IWC's friendly, accessible midwife service

If you would like assistance around pregnancy, your new baby or family planning, the IWC has a friendly, supportive service.

Our Midwife service works alongside our Child / Maternal Health Workers to provide regular one-on-one sessions.

Partners are welcome as you take this exciting journey into parenthood.

The service sits within the IWC holistic model of whole-of-person care.

Face-to-face sessions available in Bundaberg at the IWC Health & Wellbeing Complex, or through the IWC North Burnett Health & Wellbeing Community Centre in Gayndah.

Our services include:

- Routine pregnancy examinations
- Classes for expectant mums
- Checks for mums and bubs in the first six weeks of the new life
- Baby weighing and checks on feeding
- Education for mums and partners

All IWC services are culturally responsive and inclusive of all peoples, without discrimination

Ph: 1300 492 492

(North Burnett direct phone: 4161 4800)

